

GRAPEVINE



O G E G I G E G

MARCH 2025



**Supported by the Victoria Hall
Centenary Committee**

Please send contributions for inclusion **by the 15th** to:

Ainsley on 01591 610487

**E-mail: ainsley@grape-vine.org.uk
or Lindsay**

E-mail: Lindsay@grape-vine.org.uk

**Or leave at the Neuadd Arms clearly marked with your
name and telephone number.**

**Owing to difficulties in collecting payments, we now require that any
'one-off' adverts must be paid for in advance to be included.**

**Grapevine can be viewed online by following the link at
victoriahall-llanwrtydwells.co.uk/grapevine**

CountryCateringWales@gmail.com



Rustic style catering for all occasions!

Grazing tables and traditional buffets

Individual grazing boxes

Childrens grazing boxes



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MARCH DIARY 2025

1	Heritage & Arts Centre Coffee Morning 10.00 am – 12 noon
4	Shrove Tuesday Pancakes in St James' Church 12.00 – 2.00 pm
4	Carreg Law Solicitors in Victoria Hall back room 9.30 am – 5.00 pm
6	Here's My Voice in Victoria Hall from 10.30 am every Thursday
6	Thursday Club, Drovers Rest. 2pm
6	Twinning AGM 7.00 pm in The Institute
12	Talk on the Epynt Way Path at the Heritage Centre at 7.00 pm
13	Merched y Bont in Victoria Hall 7.00 pm
20	Thursday Club, Drovers Rest. 2pm
20	Jane Dodds MS Heart of Wales Line open meeting in Victoria Hall 7-9 pm
23	Welsh Service at Llanwrtyd Heritage Centre. 2pm. Taken by Fiona Gannon
23	Sound Bath in Victoria Hall. 2-4pm or 6-8pm. See advert for details.
25	Community Lunch, St. James' Church, 12.30pm
27	Gardening Club 7.30 pm in Victoria Hall
29	Twmpath in Victoria Hall. 7.30pm
30	Film Night in Victoria Hall at 7.30 pm

And In April 2025

3	Thursday Club, Venue to be confirmed. 2pm
5	CarmenCo in concert at the Heritage & Arts Centre 7.30 pm
10	Talk on the Churches Trust by Gareth Simpson. Heritage Centre, 7.00pm
12	'Llanwrtyd Wheels' Launch. Dolwen Field Pavilion. More info to follow.
17	Thursday Club, Venue to be confirmed. 2pm
26-27	Wonderwool Wales. Royal Welsh Showground, Llanellwedd.

Weekly Activities

Monday	Table Tennis (Bromsgrove Hall)	7pm – 9pm
Thursday	'Here's My Voice' singing (Victoria Hall)	10.30 – 12.30pm
Thursday	Badminton (Bromsgrove Hall, £2.50 per person)	7pm – 9pm

Mike Morris has been delivering fish to households
in Llanwrtyd since 1989
His many customers send their best wishes to him
on his retirement



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Website: www.thefootladypowys.co.uk



thefootladypowys



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Tirabad in March 2025

1st March (Saturday) St David's Day – St David's Church, Tirabad will be open between 10am and 4pm come down, daffodils welcome, make yourself a hot drink and have a look round.

Tirabad Village Hall

Coffee & Crumpets/ Tea & Toast - Alternate Friday's 10.30am to 12 noon, Friday 28th February, 14th & 28th March (11th, 25th April too)

Sew and Sew – Tuesday evening 6pm to 8pm – 18th March, 25th March, 1st April & 8th April £5 per person (come along, bring your project and/or learn new skills in good company guided by enthusiastic crafters - Some materials and equipment available)

If not sewing come anyway for a cuppa, make a donation and have a giggle!!

Doodle Bug - Sunday 23rd March 2pm to 3.30pm – time to let your creativity run riot with your doodles – materials provided £3 per person

For more information please contact Kay on 07884 205581

We're launching

Dolwen Pavilion

Saturday
12th April



Add date to your diary!

More information to follow

Electric Bike Hire

carreg

LAW



Pop-up office in Llanwrtyd Wells

with Gwen & Wendy on Tuesday 4 March 2025
Victoria Hall, Victoria Square, Llanwrtyd Wells, LD5 4SS

Property ▪ Wills ▪ Lasting Powers of Attorney ▪ Probate

Please drop in to Victoria Hall between 9.30am-5pm for a free 20-minute consultation. Booking not essential but for a guaranteed slot please contact one of our offices:

Llandovery office at 14 Kings Road - 01550 585008

Llandeilo office at 2 King Street - 01558 678009

www.carreglaw.co.uk ▪ hello@carreglaw.co.uk

PUBLIC MEETING ON THE HEART OF WALES LINE

March 20th, 2025, 7pm, Victoria Hall



Come and have your say on the performance of our local railway and hear about the future plans for the line.

Representatives from Transport for Wales, Network Rail, Heart of Wales Line Development Group, David Chadwick, MP for Brecon, Radnor, and Cwm Tawe, and Jane Dodds, MS for Mid and West Wales will attend.

We would like to say a huge thankyou to everyone in Llanwrtyd Wells who made our wedding day on Saturday 25th January so special. The Victoria Hall was a superb place to have our reception with everything at hand, kitchen facilities, toilets and the mobile bar courtesy of the Stonecroft Inn. Ryan and his team provided the much appreciated “refreshments” for the day and evening revelries- we wish to thank them all for their hard work throughout the day.

The Riverside Band B, Ardwyn House and the Neuadd Arms Hotel housed many of our guests who had travelled from as far afield as Cornwall, London and Amsterdam. They were met with warmth and enthusiasm and provided excellent service (particularly the breakfasts which everyone commented on)!

The visitors who came to the Town thought Llanwrtyd was a beautiful place, with friendly helpful people. We can't thankyou enough for contributing to a day we will never forget.

Matt and Elle Ball



BEULAH EAR CARE EAR WAX REMOVAL

Difficulty finding a clinic to have ear wax removed?
I can visit you in your own home or I have clinics in
Llandovery and Builth Wells.

Appointments usually within a few days.

Over 20 years' experience as a specialist ear care nurse
in the NHS. Trained in microsuction and removal of ear
wax with instruments. Diploma in Ear Care from
Rotherham Primary Ear Care Centre.

Fully insured with an enhanced DBS, NMC registered, a
member of the Royal College of Nurses.

**Please contact me, Chris Jacobs for further
information.**

email beulahearcare@outlook.com

mobile 07895 757384



Wildflowers for Allacross the Irfon Valley

1-Metre Matters Wildflower Seed Project

**It's not too late to plant your
wildflower meadow seed**

**Put it in a few pots, sprinkle it on a piece of bare
ground or make a metre of meadow in your
garden this Spring.**

**Plant your seeds now or in the next 3 months and
you should have a little meadow of your own this
Summer – wild grasses and flowers**

**If you didn't collect any seed last year, more will
be available in March/April**





THE DROVERS REST RESTAURANT

Dolycoed Road, Llanwrtyd Wells

Phone Peter James MBE

01591 610264 or 610563 www.food-food-



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Awards Gwobrau

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2004 Bronze

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FILM NIGHT

VICTORIA HALL

Sunday 30th March 7:30pm

£3.50 per person Bar



military wives

With their partners away serving in Afghanistan,
a group of women form a choir and quickly find
themselves at the centre of a media sensation.

Starring Kristin Scott Thomas, Sharon Horgan and Greg Wise

Could you help Llanwrtyd Eisteddfod?

The Llanwrtyd Eisteddfod is a cultural event for all ages held here in September every year. It celebrates talent and encourages children and adults alike to the stage to sing, dance, recite or make music. Every participant in the morning session which is for the local children only and every participant up to the age of 12 in the afternoon session is given a reward in the form of a handmade prize bag with some money inside. As our stock of prize bags is getting rather low we wonder if there is anyone able to either make us some bags or possibly donate suitable fabric, wool, ribbon etc? The bags could be in the form of crocheted circles or fabric squares of approximately 7cm x 7cm / 3 inches square (or diameter) with an approximate 60cm length of ribbon attached and each bag needs to have an opening at the top to insert the money. Many thanks to Lorraine who has kindly agreed to accept suitable donations.

The children love receiving their prize bags and as committee members we feel that it is a way of emphasizing to them that the taking part in a competition is just as rewarding as winning.

If you can help in any way, please contact Antoinette de Kleijn (610638), Susan Price (610303) or any member of the Llanwrtyd Eisteddfod Committee.

Thank you very much.

Eisteddfod Llanwrtyd yn galw am help

Mae Eisteddfod Llanwrtyd yn ddigwyddiad diwylliannol i bob oedran ac fe gynhelir yr ŵyl flynyddol yma yn Llanwrtyd ddiwedd Medi. Mae'r eisteddfod yn dathlu talent ac yn annog plant ac oedolion i ganu, i ddawnsio, i lefaru neu i greu cerddoriaeth ar lwyfan

Yn ystod sesiwn y bore (sydd ar gyfer y plant lleol yn unig) bydd pob cystadleuydd yn derbyn bag bach o waith llaw gyda arian ynddo. Gwneir hyn hefyd yn ystod sesiwn y prynhawn gyda chystadleuwyr hyd at 12 oed. Ar hyn o bryd mae'r stoc o fagiau sydd gyda ni yn isel a thybed os fyddai rhywun yn gallu gwneud rhai i ni neu efallai rhoi defnydd, gwlan neu ruban addas. Gall y bagiau fod mewn siap cylch wedi eu crosio neu mewn siap sgŵar allan o ddefnydd tua 7cm x 7cm / 3 modfedd sgŵar neu ddiamedr gyda ruban 1 / 1 1/2 / 2 cm wedi ei lynu atynt a dylai pob bag gael agoriad ar y top er mwyn gallu rhoi'r arian tu fewn i'r bag. Mae Lorraine yn garedig iawn ac wedi bodloni derbyn defnydd addas / bagiau ar ein rhan.

Mae'r plant yn mwynhau derbyn y bagiau hyn ac mae aelodau'r pwyllgor Eisteddfod Llanwrtyd yn credu ei bod hi'n bwysig pwysleisio iddynt bod cymryd rhan mewn cystadleuaeth yr un mor bwysig ag ennill!

Os ydych yn medru ein helpu mewn unrhyw ffordd, a fydddech cystal â chysylltu â Antoinette de Kleijn (610638), Susan Price (610303) neu unrhyw aelod o bwyllgor Eisteddfod Llanwrtyd os gwelwch yn dda.

Diolch yn fawr.



Llanwrtyd & District Heritage & Arts Centre



SATURDAY 5TH APRIL

CarmenCo

Following their sell-out concert at the Centre in 2023 outstanding musicians, Emily and Francisco, return with David Massey to perform this unique show. The evening comprises of wonderful Spanish music and songs presented as a play with costumes, props and a storyline based on Bizet's Carmen

**A TRULY REMARKABLE PERFORMANCE THAT HAS RECEIVED RAVE
REVIEWS THROUGHOUT THE UK**

TICKETS £10 IN ADVANCE £12 ON THE DOOR

7.30pm – doors open 7.00pm

**AVAILABLE FROM THE HERITAGE CENTRE, NEUADD ARMS HOTEL, CAFFI
SOSBAN or tel: -01591 610067, email: -ldhac2016@gmail.com**





Just £20 pp
Includes all your Fire Cider
ingredients, drinks and
snacks.

Wellbeing morning @ Nant y Walch Barn

Sunday 2nd March, 10.30am-1pm

Time to slow down and nourish yourself!



Join me as we enjoy a mindful walk spotting signs of late Winter / early Spring. Followed by learning about and crafting your own Fire Cider remedy with kitchen ingredients and a few wild ones added in too!

Plus time to soak up the space, chat and be!



Learn what Fire Cider is, why it's so helpful for our immunity and how to use it.



To book, please contact Becky on: 07786 916954 / ourwildedges@outlook.com

Have you ever wanted to "GROW YOUR OWN" whether flowers or veg but don't have the space?

Then why not take advantage of the Communities Grow and Sharespace on the Dolwen Field



You can adopt your own raised bed for a year free of charge and use the polytunnel to grow from seed before planting out.

You don't have to be an expert just enjoy growing things!!!

We have two raised beds in the polytunnel (shortly to be three) and three more in the garden area behind the pavilion.

If you are interested in having a space to grow please contact any one of the following people:

Pam Barlow email; pamelabarlow_2003@hotmail.com

Jen Walsby email; jenny.blacksheep@gmail.com

Georgie Perrett email; georgieperrett@gmail.com

Lynn Ball email: ball390@btinternet.com

One bed is suitable for wheelchair access!



Places will be allocated on a first come first served basis so get your requests in now to start planting ready for next year.

It could be the start of something new for you!!



Llanwrtyd & District Heritage & Arts Centre

WE ARE LOOKING FOR VOLUNTEERS FOR THIS COMING SEASON

Would you like to join our team of Stewards?

If you enjoy meeting people and have a few hours to spare (can be on an occasional or regular basis) we would love to meet with you and tell you more about the Centre and working with us.

Experience unnecessary as training will be given.

A great way to meet new people and learn about the town and area.

Please email ldhac2016@gmail.com
or telephone Lynne on 01591 610067



THE TROUT INN BEULAH

Dave & Heather Saunders
Beulah, Llanwrtyd Wells
Powys LD5 4TA

Tel: 01591 620235 Mobile: 07800 759551

**** A WARM WELCOME ****

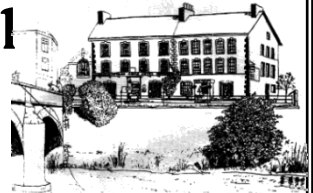
**** GOOD FOOD ****

**** B & B ****

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enquiries@neuaddarmshotel.co.uk



Winter Quiz Series

The final quiz for the winter will be held on 20th March at 7.30pm, with Tony Price once again your quizmaster. Teams of up to 4 people, entry is £2 per person with all proceeds going to local causes. Prizes for winners, runners up and booby prize.

Last chance to win until the autumn, hope you can join us.

Good Food
Neuadd Arms Hotel

Good Beer
Llanwrtyd Wells

Good Company
01591 610236

Welcome in the Spring
With A

TWMPATH

At
Victoria Hall

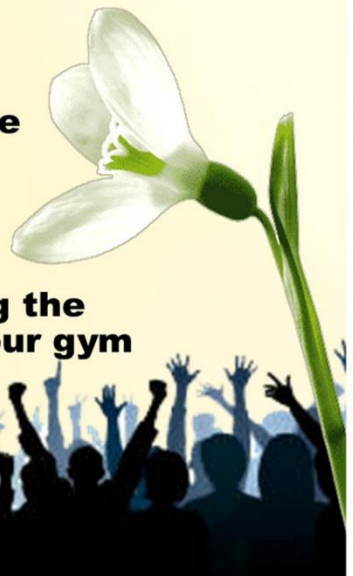
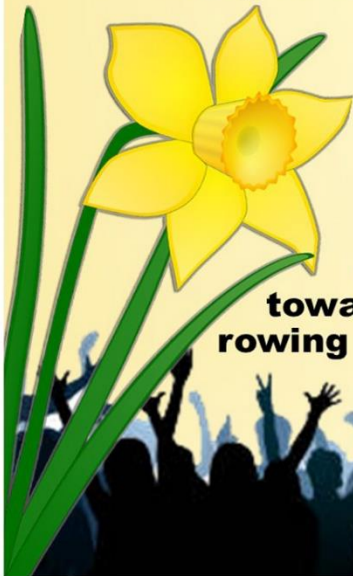
Saturday 29th March at 7:30

With DiEnw & Caller Ann Hill

Bar for wine, beer & Soft Drinks
Entry £6 on the door, children free

**Bring a plate
to share**

**All proceeds
towards replacing the
rowing machine in our gym**



Shaping the Future of Health and Social Care: Insights from the Public Forum in Llanwrtyd Wells

On 27th September 2024, Llais Powys hosted a Public Forum in Llanwrtyd Wells to explore the future of health and social care services, drawing on the experiences and aspirations of residents.

The forum was an opportunity for the public to offer insights into what they want to see improved and transformed in health and social care provision.

Here are the key themes, as expressed by the attendees.



Use the QR code to see our video



Insights from the Public Forum in Llanwrtyd Wells

1

Expand digital platforms to improve appointment access and patient communication.

2

Invest in local health hubs and mobile units to reduce the need for long-distance travel.

3

Centralise care coordination to streamline services for patients with complex needs.

4

Strengthen in-home social care to support faster hospital discharges.

5

Enhance transport services to make accessing care outside the county more affordable.

6

Restore and improve local emergency services to meet the needs of rural communities.

No pylons here? Then how about an enormous wind farm?

The rumpus over the proposed pylon chain towering above Llanwrtyd Wells (on its way from the Radnorshire Forest to Ammanford) is still news. And yet, it seems, even more destruction of our local landscape may be brewing behind the scenes. Bute Energy, the company behind the pylons and the wind farm proposals in Radnorshire, have just renamed one of their many subsidiary companies as Bryn Rhudd Energy Park Ltd. In case you can't immediately think where Bryn Rhudd might be, it's easy: just envisage standing next to either of the two cairns on the ridge of Drygarn Fawr, looking south towards Abergwesyn, and you're staring right at it. It's the nearest minor undulation in the sea of peat between Drygarn Fawr and Carnau (the popular lunch stop for walkers on their way to Drygarn or the Claerwen valley).



Cofiwch Abergwesyn?

Although there is no unambiguous proof available yet, the fact is the Campaign for Protection of Rural Wales identified this site last year as being under consideration, making Bute's recent name change rather more alarming than it might otherwise have been. We might have hoped that Abergwesyn Common was untouchable seeing as it is owned by the National Trust. But whereas in decades past the National Trust was concerned with conserving landscape and therefore opposed to wind farms, that position has changed. Former head Dame Helen Ghosh stated back in 2013 that "The National Trust, as an organisation, takes the view that in the right place - and because of the importance of renewable energy - we don't object to them". The Trust now has an entire Guidance document setting out how its staff should assess renewable energy proposals. Add to that the fact that parcels of land have been carved out from the original Abergwesyn Common land title in both 2013 and 2019. And finally, consider the Trust's recent laser focus on revenue-generating opportunities, and the impossibility of Abergwesyn Common ever generating them even the slightest income from visitors. What was once unthinkable is now, sadly, quite plausible.

Something may be happening which would change the landscape above Llanwrtyd, Beulah and Abergwesyn forever, with 200m turbines visible from Builth and even Llandrindod. If they're serious, the next step will be an application for planning permission to put an anemometer mast up there, to ensure it'll get enough wind to generate sufficient profits to satisfy the Trust's accountants – and Bute's investors. But don't sit and wait for the plans to be made public: start collecting evidence *now* of the irreplaceable value this landscape and its history have to Llanwrtyd's people, and its tourist businesses. And make sure our representatives, particularly the First Minister Eluned Morgan (who holds a Mid-Wales seat) and renewables enthusiast Jane Dodds MS, hear loud and clear just how unpopular the cavalier and unnecessary devastation of our uplands is with their voters.



Llanwrtyd & District Heritage & Arts Centre



St David's Day Coffee Morning

**Come and join us for a cup of coffee and a
Welsh Cake to celebrate St David's Day**

CAKE STALL AND RAFFLE

**SATURDAY 1ST MARCH
10.00AM – 12 NOON**

Admission £2 – Children Free

Church Services March 2025

St James Llanwrtyd **11.00 am**; Eglwys Oen Duw, Beulah **9.30 am**
 St Cadmarch, Llangammarch **9.30 am** and Llanlleonfel Garth **11.15 am**

Sunday 2nd Eglwys Oen Duw, Beulah St James, Llanwrtyd Llanlleonfel, Garth	9.30 am 11.00 am 11.15 am	Holy Communion Family Service Holy Communion
Wed 5th Ash Wednesday St Cadmarch, Llangammarch	6.30 pm	Ash Wednesday Service and Holy Communion
Sunday 9th St Cadmarch, Llangammarch Eglwys Oen Duw, Beulah St James, Llanwrtyd	9.30 am 9,30 am 11.00 am	Morning Prayer Morning Prayer Holy Communion
Sunday 16th Eglwys Oen Duw, Beulah St James, Llanwrtyd	9.30 am 11.00 am	Holy Communion Morning Prayer
Sunday 23rd St Cadmarch, Llangammarch Eglwys Oen Duw St James, Llanwrtyd	9.30 pm 9.30 am 11.00 pm	Holy Communion Morning Prayer Holy Communion
Sunday 6th April St James, Llanwrtyd[Llanlleonfel, Garth	11.00am 11.15am	Family Service Holy Communion

The funeral of Irene Skilton will take place at Hereford
 Crematorium on Wednesday 12th March at 4.15pm.
 Family flowers only, donations to Motor Neurone Disease
 Association thank you.



PANCAKES IN ST JAMES CHURCH

SHROVE TUESDAY 4th MARCH 12 - 2 pm

Savoury & Sweet Pancakes with vegetarian option

Served with tea/coffee £5.00

Everyone guaranteed a warm welcome

No time to make your own?

Come and buy to take away

LLANWRTYD WELLS TWINNING ASSOCIATION

will be holding their A.G.M. on
Thursday 6th March 2025 at 7.00pm in the Institute.

Everyone Welcome

Community Lunch

at St. James's Church, Llanwrtyd

Tuesday March 25th

12.30pm



Two course meal with a choice of puddings and tea or coffee included.

An alternative main course is available for vegetarians if ordered in advance.

Please ring 01591 610028 or 01591 217901 by Sunday 23rd February if coming along for the first time.

Everyone is welcome



1 Groe Street, Builth Wells Powys LD2 3DW
Tel: 01982 553004 email: info@builthcs.co.uk
www.builthcs.co.uk

Registered Charity 1150452 & Company limited by Guarantee 08278766

Builth & Llanwrtyd Home Support 01982 553647
homesupport@builthcs.co.uk



We have finally secured the lease on the old TIC building on the Groe car park. We will not be moving our office base or our charity shop as this building will be for community use. Groups and organisations can hire it for sessions on a regular or occasional basis. This will benefit the local community by making information and support easier to access.

The building is accessible and we will be carrying out refurbishment and installing a kitchen so our lunch club can be held here. There will also be casual “drop in for a cuppa” sessions for anyone to attend.

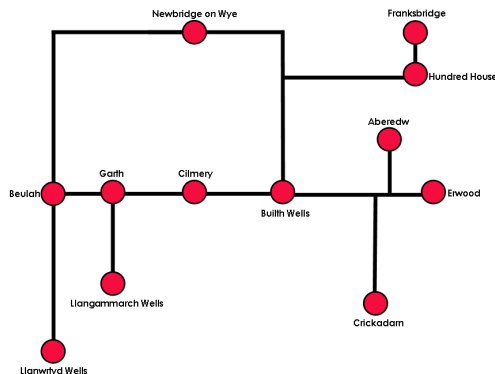
Our Annual Community Information Fair will be held at Wyese Arts Centre on Wednesday 16 October 11a.m. – 2p.m. Last year 24 organisations attended to showcase their services and it was a very useful and interesting event with free tea/coffee and homemade cakes.

Builth Wells Community Support continues to deliver their established services and Volunteers are always needed to help deliver these services, please contact us for more information.

Builth & Llanwrtyd Wells Home Support is an early intervention and prevention service, helping individuals to live at home with confidence, in good health, independently and safely. Services are free and available to those over the age of 50.

For more information, please contact us on 01982 553004 or info@builthcs.co.uk.

Our services are available to everyone who lives in the area shown on map:





Llanwrtyd Wells Community Transport (LWCT)

LWCT provides a personal service to all our members requiring individual transport facilities to take them to medical appointments, shopping, taking much loved pets for treatment, taking them to visit friends and relatives and any other journey they would like to make. We also have a dedicated shopping service where we can shop for people who are unable to manage a trip to the shops themselves. Members can place their shopping order and our drivers shop and deliver. We can also collect and deliver prescriptions, pre ordered take away food, and offer assisted transport for whatever reason it is needed.

We have a disabled access vehicle making our service available to everyone. We make a point of assisting any member or business we can where based in our locality. We cover Llanwrtyd Wells, Abergwesyn, Cefn Gorwydd, Tirabad, Llangammarch Wells, Cilmerly, Beulah, Garth and Llandrindod Wells and all surrounding villages.

The volunteers who cover our Volunteer Drivers Scheme either use their own car or ones belonging to LWCT. We also have a small fleet of minibuses available for hire by local community groups and other charities and not for profit organisations. These can be hired either with or without a driver, as long as conditions of hire are met.

LWCT is always happy to welcome enquiries about transport, if we can't help, we can signpost you to someone that can. We are also always happy to welcome new volunteers into the team, whether you want to become a driver, help with administrative duties or anything in between. Members, volunteers and paid staff are the heart of LWCT and by joining us you become part of a family.

To enquire about our services please call Laura Burns, General Manager on 01982 552727 or for shopping John McMahon, Volunteer Driver on 07904 816521. Our address is: Lion Garage, Castle Street, Builth Wells LD2 3BN, our email address is office@lwct.org.uk and our website at www.lwct.org.uk



HERE'S MY VOICE

VICTORIA HALL

EVERY THURSDAY

10:30AM – 12:30PM

This group is for people who love to sing
Doesn't matter whether you can sing in tune or not

You are all welcome

Come along and have a try

Feel the benefits of singing

The positive energy and release of negativity

Tea and Coffee and a natter afterwards

Donation funded

No need to book, just turn up!



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jamesgibson793@gmail.com

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Mowers & ATV***



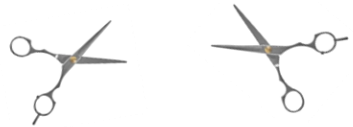
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own home

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for a consultation or
appointment

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Llanwrtyd Wells Auto Services

Beulah Road, Llanwrtyd Wells, Powys. LD5 4RF

Tel: 01591 610259

Shop open 7.00am – 9.00pm Monday to Saturday
and open 9.30 am – 7.00 pm Sunday

Post Office open 7.00 am – 12 Noon Monday to Friday
Closed Saturday and Sunday



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Hot Takeaway Drinks

Household/Cleaning Items

Alcohol

Pet Foods

Phone, Tablet and Computer Repairs

We can repair most makes of device with various faults, including:

- not charging and charge port replacement
- not powering on
- no display
- screen damaged
- no touch

We can also repair game consoles and smart TVs.

All repairs are covered by a 90-day warranty.

Call to discuss your problem and to arrange a pick-up:

01591 610402

07387 915040



Leawell Technology Ltd.

www.charl.co.uk

Carpentry & Building Contractor

For full list of services visit our new website www.charl.co.uk

Tel: 07787168121

email : charlcarpentry@yahoo.co.uk



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**WE OFFER A COMPLETE ROOFING
AND BUILDING SERVICE**

Kitchens

Bathrooms

Alterations

Carpentry

Plastering

Brickwork

Stonework

Exterior Painting

Exterior Cladding

**Please contact Stewart
for free Quotes and Advice**

Tel: 01597860258 or 07841842824

Email: stewthompson1989@icloud.com

ESTD



2006

WWW.SBTREECARE.CO.UK

07809 674855

SERVICES

Tree Removals - Felling - Tree Trimming
24/7 Emergency Call Out - Stump Removal
Hedge Maintenance - Grass Cutting
Firewood - Wood Chipping - Log Splitting
Mini Digger Work - Site Clearance
Green Waste Removal - Mobile Milling

Free Quotes / Insured & Certified Tree Surgeons
Based in Rhayader covering 30 mile radius

sbtreeguy@hotmail.com





SOUND BATH

Come and join me on Sunday 23rd March 2025
2pm to 4pm or 6pm to 8pm in Victoria Hall, Llanwrtyd Wells
Using Crystal singing bowls, Gong, Crystal Harp,
Hand pan drums and many more instruments
£10 each session

For more information and to book your place please contact me:

Cheryl Hood : angelisholistic@btinternet.com : 07961 315785



QUALITY CANINE CARE

Comfortable, secure accommodation
in my home for your dog
lovely walks and TLC guaranteed
also house sitting and dog walking
(one off or regular)



Excellent References
Please Ring Judy on
07858 150056

Bus Departure Times Service 48

	Monday to Friday					Saturday				
Llandrindod		08:15	12:05	14:05	15:40		08:15	12:05	14:05	16:25
Howey		08:22	12:12	14:12	15:47		08:22	12:12	14:12	16:32
Builth Wells	06:53	08:43	12:31	14:48	15:59	16:48	08:43	12:31	14:48	16:48
Cilmerly	07:00	08:50	12:40	14:55		16:55	08:50	12:40	14:55	16:55
Garth	07:06	08:56	12:46	15:01		17:01	08:56	12:46	15:01	17:01
Llangamarch	07:10	09:00	12:50	15:05		17:05	09:00	12:50	15:05	17:05
Cefn Gorwydd	07:15	09:05	12:55	15:10		17:10	09:05	12:55	15:10	17:10
Llanwrtyd	07:21	09:11	13:01	15:16		17:16	09:11	13:01	15:16	17:16
Beulah	07:28	09:18	13:08	15:23		17:23	09:18	13:08	15:23	17:23
Garth	07:33	09:23	13:13	15:28		17:28	09:23	13:13	15:28	17:28
Cilmerly	07:39	09:29	13:19	15:34		17:34	09:29	13:19	15:34	17:34
Builth Wells	07:44	09:38	13:38	15:43		17:43	09:38	13:38	15:43	17:43
Howey		09:49	13:49	15:54		17:54	09:49	13:49	15:54	17:54
Llandrindod		09:59	13:59	16:01		18:01	09:59	13:59	16:01	18:01

Llanwrtyd Surgery

There is no longer a receptionist based in Llanwrtyd Wells Medical Centre. For medical services it is now necessary to phone Builth Wells Group Medical Centre on 01982 552207
Open Monday – Friday 8.30am to 6.00pm

Pharmacy Times at Llanwrtyd Surgery

Monday, Wednesday, Friday
9am – 1pm, 1.30pm - 5pm
Tuesday, Thursday
9am – 1pm, (Half Day)
Saturday/Sunday – Closed
Tel: 01591 610308



**POLICE CONTACT
NUMBER**

When it's less urgent than 999

Llanwrtyd Library Tel: 01591 610657

Tuesday 10am-12.30pm, 2-4.30pm Wednesday & Friday 10am-12.30pm
Saturday 10am-12noon

Heart of Wales Line Train Services (15th Dec 24 - 17th May 25)

Departures	Monday - Friday					Saturday					Sunday	
Shrewsbury	05:25	10:02	13:54	18:35		05:28	10:06	13:55	18:35		12:04	16:20
Llandrindod	07:30	11:36	15:35	20:27		07:30	11:42	15:38	20:27		13:59	18:05
Llanwrtyd	08:01	12:07	16:06	20:58		08:01	12:13	16:09	20:58		14:30	18:36
Llandoverly	08:26	12:32	16:31	21:23		08:26	12:39	16:34	21:23		14:55	19:02
Llanelli	09:31	13:38	17:37	22:35		09:34	13:41	17:38	22:35		15:57	20:05
Swansea	09:54	14:01	18:01	22:58		09:57	14:04	18:01	22:58		16:19	20:29
Swansea	04:50	08:56	12:51	17:48		04:51	08:59	12:53	17:48		11:10	15:26
Llanelli	05:13	09:19	13:16	18:10		05:13	09:22	13:17	18:10		11:33	15:49
Llandoverly	06:16	10:22	14:19	19:13		06:16	10:25	14:23	19:13		12:36	16:51
Llanwrtyd	06:42	10:47	14:44	19:39		06:42	10:50	14:48	19:39		13:01	17:16
Llandrindod	07:32	11:40	15:33	20:24		07:32	11:44	15:34	20:24		13:44	17:59
Shrewsbury	09:03	13:12	17:04	21:55		09:02	13:15	17:05	21:59		15:14	19:35